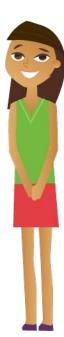


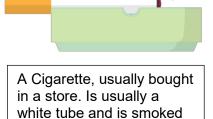
TEACHER KEY

Types of Cigarettes and Cigarette-Like Products



Jaycee learned that there are different types of products that are like cigarettes. I wonder if you can guess which of these are products that have the same type of chemicals inside of them as cigarettes and are bad for your health!

As we read about each of these, give a thumbs up if you think it IS a cigarette-like product that is bad for you, and a thumbs down if you think it's not. (it's okay to guess, and it's okay to be wrong!)





Without a filter or casing, this is Tobacco, that is inside a cigarette! IT can also be chewed.

Traditional Tobacco This is a product found on the land. It doesn't have the same chemicals inside of it like a cigarette, and it's burned for ceremonies or prayers and not inhaled directly. This is not the same as a cigarette!







This is a pack of cigarettes, and a lighter. A lighter can cause fire, so don't pick it up either!



These are a newer product called an e-Cigarette that doesn't burn smoke, but surprisingly it can be a lot stronger than a regular cigarette. It still makes smoke that a person breathes into their lungs, and while it has other chemicals inside of it that can make it taste better it is still as bad for your heath as cigarettes!