

Name:

No Cigarettes Call and Repeat Song

To tune of Frère Jacques (actions in brackets)



Leave on the ground
Leave on the ground
(Hands begin at hip level, then mimic pushing downwards)

Cigarettes, Cigarettes
(Touch Mouth and Shake Head "No")

Hurts Our Lungs and Bodies Hurts Our Lungs and Bodies (Cross Arms in an X, Touch Lungs, Then Hips)

Say No Thanks
Say No Thanks
(Shake finger No)





Name:

No Cigarettes song and game

(To the tune of London Bridge is Falling Down)

Cigarettes Are Bad For You,
Bad For You,
Bad For You.
Cigarettes Are Bad For You,
Yuck,
Yuck,
Do not touch





How To Play The Game: Two children hold hands together to form an arch. The rest of the class lines up and takes turns running under the arch as they sing. When the song gets to the word "touch" the two children forming the arch try to tag/touch the person under. If they can, that student takes up position as one of the students in the arch and the game continues until the teacher chooses it to stop.