THIS HANDOUT will be completed at home with a trusted adult or elder.

MAKE SURE YOU have asked the adult or elder if they agree to be interviewed, and then ask them each question and write down their answer.

ONCE FINISHED, have the adult or elder check over what you have written so they agree that you wrote down the ideas they wanted to convey.



Person Interviewed:	
How I know them:	
	. •

questions:

For generations, many Indigenous people have used tobacco as gifts or offerings during prayer and ceremony.

What do you know or what have you heard about traditional uses of tobacco? Do you follow any of these practices?

Do you smoke or chew commercial tobacco (cigarettes, e-cigarettes, snuff or other products)?

If so, how do you feel about your use of commercial tobacco?







Do you think it is easy to quit smoking? Explain why.



Do you think it's okay for tobacco companies to try and advertise and market to youth to sell tobacco to them?

If you had one piece of advice about tobacco that you wanted to share with our class, what would that advice be?



